



# **Pilgrim booklet**

# Via Sancti Martini

From Passau to Obermühl in 4 days

26-28 May 2022



## Via Sancti Martini - From Passau to Obermühl

## Pilgrims guided by:

Christine Dittelbacher

## Date(s) of text writing:

September 2021

# **Description of itinery**

### The holy Martinus

Saint Martin is one of the most popular saints in Europe. He embodies the values of sharing in solidarity and modesty. The St. Martin's Way traces the life and work of Saint Martin across Europe, beyond linguistic borders. It leads from his birthplace Szombathely in Hungary to his grave in Tours in France, where he worked as a bishop from 372.

## Topic: "Sharing life" - Pilgrimage on the Martinus Way and the Danube Trail.

The Martinus Way is marked by the motto "Sharing life".

Saint Martin was a model for all of us to leave familiar paths, to give one's heart a jolt to change direction, to leave one's own comfort zone in order to open up to the needs and thus also to the need of all creation and to act responsibly and helpfully.

We walk on pilgrimage along the Danube and on the hills with fascinating views into the Danube valley, through lush fertile meadows and cereal fields, through pristine forests and soft riverbank soil. We are invited to share life at various hospitable, spiritual and culturally interesting places.

## The travel program:

**Date:** 26-28 May 2022

# Day 1, Obermühl on the Danube - Engelhartszell

#### **Route:**

Obermühl on the Danube - Grafenau - Au-village - Marsbach - Hundsfülling - Niederanna - Oberranna - Saag - Engelszell - Engelhartszell

Length: 27 km

Metres in altitude uphill: 1047 m

**Duration:** 10.2 hrs.

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## **Description**

From Obermühl on the Danube, we follow the banks of the Danube via Grafenau to the Schlögener Schlinge, a meander of the Danube. Here a forest path leads us up to the hill of a high plateau with a breathtaking view of both sides of the Danube loop. We continue to Au, Dorf, Marsbach and Hundsfülling where we descend to the Danube bank to Niederranna. We cross the Danube on the Rannabrücke bridge and reach Oberranna. This time we follow the Danube upstream on the south bank to Engelhartszell. Here you will find the important Engelszell Abbey.







# **Overnight stay:**

Hufschmiede Guest House, Niebelungenstr. 11, 4090 Engelhartszell

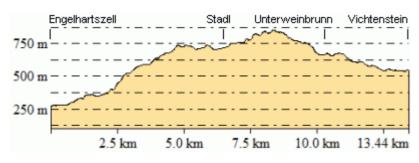
Tel.: +43 77178059

# Day 2, Engelhartszell – Vichtenstein/Kasten

Length: 13 km

Metres in altitude uphill: 721 m

**Duration:** 5.7 hrs.





# **Description**

Starting in Engelhartszell, we hike up the so-called Danube walls onto the high plateau of the south side of the Danube through shady forests with many inviting resting places and wonderful vantage points to the village of Stadl and on to Oberweinbrunn and Unterweinbrunn, thus reaching Vichtenstein. It is worth taking a detour south down to Kasten an der Donau and enjoying the dreamlike Danube banks here.







**Overnight stay:**Donautal Guest House, Kasten 22, 4091 Vichtenstein Tel. +43 7714 6310

# Day 3, Kasten / Vichtenstein (A) – Passau (D)

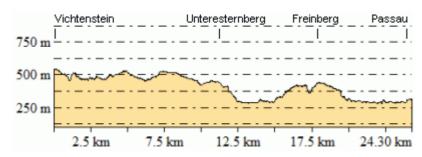
#### **Route:**

Vichtenstein - Hütt - Schacher - Dietzendorf - Unteresternberg - Blaas - Freinberg - Passau-Dom

Length: 24 km

Metres in altitude uphill: 635 m

Duration: 8.1 hrs.





# Description

From Vichtenstein we walk along the Donausteig trail past breathtaking views of the Danube valley and its many natural beauties to Oberschacher, Wollersberg, Oberbamberg to Hötzmannsdorf and Dietzendorf. Here, primeval landscape and cultivated landscape alternate in a gentle way. The trail continues to Unteresternberg and along the B130 towards Hinding. The Donausteig reaches a point at the Blaas Restaurant where your gaze is involuntarily drawn to the "floating three-river city" down to Passau. - Lingering is the order of the day! -

From here, the Donausteig trail runs through the forest into the valley basin; when crossing the stream, there is a waymarker that can be enriched by a St. Martin's stamp. After the relatively steep ascent, you reach Freinberg; here detours to the church, the town hall (information) and the inn are possible. On the rest of the way to Passau, you pass several wayside crosses and impressive chapels and finally reach the "Maria im Wald" chapel in the valley.

Passing the first houses of Österreichisch-Haibach, you cross the state border to the Bayrisch-Haibach district of Passau. The trail continues up the Inn to the "Marienbrücke" bridge. Here you cross the Inn and walk along the Inn quay to the tip of the town, where you can see the confluence of the Danube, Inn and Ilz rivers.

On the 'German side' of Passau, the path leads up the Danube to the Rathausplatz (town hall square), where a series of flood levels are recorded on the edge of the house over several notable years. On the way there, you should plan a short detour to the grave of Blessed Gisela (wife of the Hungarian King Stephen the Saint) in the monastery of Niedernburg and at least be impressed by the view up to Oberhaus Castle (accessible by city bus).

You can reach St. Stephen's Cathedral via Residenzplatz.







## **Overnight stay:**

Hotel "Weißer Hase", Heiliggeistgasse 1, D- 94032 Passau, Tel.: +49 851 92110

<u>Day 4, Return journey by boat from the picturesque city of Passau with many</u> "pilgrims' footprints" to Obermühl on the Danube

## **Necessary equipment**

Backpack that should not exceed 10 % of body weight plus food and water.

If possible, the backpack should have a longitudinal zip so that things can be stowed well and easily retrieved at any time.

## Basic equipment includes:

- ➤ Hiking clothes, headgear, sunscreen
- > Waterproof bags in various sizes for
- Food/clothing/documents
- > Trekking shoes
- > Toiletries
- Weather protection
- > Personal items mobile phone, battery charger
- Water bottle
- > Financial resources and personal documents
- > First aid kit and personal medication

Info and registration: address of pilgrims guide

### Info evening:

Preliminary discussion of the pilgrimage three weeks before the start.

## Contents:

- Meeting point place and time
- Costs
- Exact itinerary

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Text by Christine Dittlbacher, certified pilgrim guide